

Su Guía para Bailar en Baltimore & más allá

By Grace Badillo

No importa si baila salsa del Grupo Niche, rumba de Juan Luis Guerra, o baila swing o hustle, hay mucho más para los bailarines y bailadores a través de Baltimore, Washington y más allá.

Whether it's shimmying salsa to Group Niche, dancing rumba to Juan Luis Guerra, or grooving to the sounds of Swing or Hustle, there is more than meets the eye in the dance scene reverberating throughout Baltimore, Washington, and beyond.

And so it goes that music and dance brings us together. However awkward the moment, its tantalizing appeal brings the delight of true courtship. We can all remember it; those racing thoughts in our minds, standing across a crowded room with music bouncing from wall to wall...

"Should I ask her to dance? What if she says no, or worse, What if she says yes!?"

"Oh no, is he coming towards me? Oh my goodness is their lipstick on my teeth?"

Two left feet syndrome is a common disease we all have at times. The kind of dance I am referring to is the kind that molds two energies into one. This column explores the many forms of dance in our ever-growing melting pot of Baltimore and beyond. My mission is to "water the seed" of romance, courtship

"Music has been a central element in every society as there is no society in the world that does not have music in its culture."

Angel Quintero Rivera

and passion through dance and bring back the classic nature of dance and all its charms.

Oh, but what about those few bad apples that make dance more of an offensive spectacle? Have you seen it? On channel after channel, on any given evening, you will find over-hormoned youth exhibiting symptoms of "Two Left Feet Syndrome." To them dance has become a social interaction of bodies clutching, and pressing to music with a beer in one hand and the other arm flailing. But what about the romance of dance? What about tradition and the courtship of a gentleman respectfully asking a woman to dance? If we don't train them to know any better, it's only natural that they catch "Two Left Feet Syndrome".

So why not trade in those bad apples for what dance used to be and bring back the divine nature of two energies moving to the beat of the music, gazing into each other's eyes and finding themselves intertwined with just a twinkle of the eye or a budding smile. Dance can awaken the senses and leave us with fond memories. So whether its salsa, tango, waltz, mambo, cha-cha, bachata, swing, ballet, jazz, rumba or the many other forms of dance we all love. Let us guide you towards the rebirth of traditional dance in Baltimore and Beyond...

Y así es, la música y el baile atrae a personas no importa lo difícil que sea el momento; su atractivo tienta el cortejo verdadero. Todos recordamos; esos pensamientos que compiten en nuestras mentes escuchando la música mientras rebota de pared en pared...

¿Le pregunto a ella si quiere bailar? ¿Qué tal si dice no, o peor, que tal si ella dice que sí?

¿O no, él viene en dirección hacia mí? ¿Tendré lápiz labial en mis dientes?

El "Síndrome de los Dos Pies Izquierdos" es una enfermedad común que sentimos todos, pero la clase de baile al que me refiero es el baile que moldea 2 energías en uno. A través del futuro de estos artículos, nosotros exploraremos las muchas formas de baile en Baltimore y más allá. Mi meta con esta columna es de regar la semilla del romance, el cortejo y la pasión por el baile y devolver la naturaleza clásica del baile y todos sus encantos.

¿Ah, pero qué tal esas pocas manzanas podridas que hacen el baile un espectáculo ofensivo? ¿Lo ha visto? En la televisión, canal tras canal usted encontrará los síntomas del "Síndrome

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de los Dos Pies Izquierdos" exhibidos por jóvenes cuyas hormonas están sobresaltadas. Para ellos, el baile ha llegado a ser una interacción social de cuerpos que se agarran y se aprietan a la música; con una cerveza en mano. ¿Pero qué pasó con el romance del baile? ¿Qué pasó con la tradición? Si nosotros no les enseñamos a los jóvenes, es sólo natural que ellos agarren el "Síndrome de los Dos Pies Izquierdos".

Así que por qué no intercambiamos esas manzanas podridas por lo que el baile era antes y devolvemos la naturaleza divina de dos energías que se mueven al ritmo de la música y se miran en los ojos uno al otro. El baile puede despertar los sentidos y dejarnos con memorias que valen la pena recordar. Así que no importa si es salsa, tango, el vals, cha-cha, rumba o las muchas otras formas de baile, permita que yo y la revista Expresión le guíe hacia el renacimiento del baile tradicional en Baltimore y más allá...

SALSA IN THE CITY

November 11/12

Pre-Cool Jazz Family Concert with Baltimore Jazz Alliance

Enjoy a family-friendly introduction to jazz with audience participation and children's songs, presented by a five-piece jazz band at the Eubie Blake Cultural Center. Advance ticketing is required. 3pm; 410.225.3130.

November 11/17

The Eddie Palmieri Latin Jazz Band

Cuban salsa

Lincoln Theatre in DC

1215 U St., NW; 202.328.6000; thelincolntheatre.org

November 11/19

Caribbean Cultural Experience

Experience the cultural richness of the Island nation of Trinidad and Tobago and other Caribbean nations with the Harbor Knights Youth Steel Orchestra and WIDACA Dancers

4pm; Forest Park Senior Center, 4801 Liberty Heights Ave;

www.coppin.edu; 410.951.3370

Latin Night, Saturdays at Club Mate

On the Main Floor, DJ Jair "El Demoledor", DJ V and MC El Zol Live

In the Salsa Lounge DJ V and DJ Manny "El Zol" playing the best Merengue, Salsa, Bachata, Cumbia, Reggaeton and more. Salsa lessons begin at 8:30 with Dancing with Grace Productions. 3612 Hanover St, Baltimore. 410.355.6697; www.mateclublounge.com

Noche Latina @ Latin Palace

Every Saturday night, featuring Latin music; salsa and tango lessons; Tex-Mex, Caribbean and Spanish food. 509 South Broadway St, Baltimore. 410.522.6700; www.latinpalace.com

Drop-in Dance Lessons

Every Friday & Saturday at Gardel's

29 South Front Street, Baltimore. 410.837.3737; www.gardels.com.

Cost: \$10/lesson per person

Fri - 8pm Night Club Cha-Cha-Cha (Beginner Level I-II)

9pm Intermediate Level 1 Salsa Combinations

Sat - 8pm Merengue Basics

9pm Beginner Salsa to Beginner Intermediate

Intermediate/Advanced Patterns

Every Tuesday at The Promenade Dance Sport Facility

2605 Lord Baltimore Dr, Baltimore. 410.277.0234;

www.mddancesport.com.

Cost: \$10 for 1 hour, per person; Balance Technique class is \$12

7pm Salsa Beginner Level I-II

Balance Technique

8pm Beginner/Int Technique

Salsa Intermediate/Advanced Combinations

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